

CLOTHING

Clothing is available at a reduced cost at thrift shops. They will provide clothing free of charge with a referral from any helping agency.

Doors of Hope

4348 Rte 150, W. Sand Lake
(518)674-4048 M,T,W,F,Sat 9:30-4 Th 9:30-7

ReStyle(at Unity House)

2431 6th Ave, Troy
(518)274-2607 M-F 10-5

First Baptist Community Closet 82 3rd St, Troy
(518)273-8561 T 5-6 W 6-7

My Sister's Closet (YMCA)

21 First St, Troy
(518)274-7100 call for appointment

Gathering Place 24 Albany Ave, Nassau
(518)766-4164 T&TH 12-7, W&F 10-4, Sat 10-1

Nassau Resource Center

15 Church St, Nassau
(518)766-9014 M,T,F 9-12, TH 7pm-8:30pm

Circles of Mercy-Catherine's Closet

11 Washington St, Rensselaer
(518) 462-0899 M-F 10-2, T 10-5

Faith & Love Thrift Store

85 Washington Ave, Rensselaer
(518)436-0114 M-Sat 11-4

Goodwill

720 Hoosick Rd, Troy
(518) 272-8451 M-Sat 9:30-8, Sun 10-7

Salvation Army Family Store

10 River St, Troy
(518)272-4901

HOUSING ASSISTANCE

Troy Housing Authority (518)273-3600
1 Eddys Lane, Troy

Home Ownership Possibilities:

Affordable Housing Partnership for the
Capital Region (518)434-1730
255 Orange St, Albany

TRIP (518)272-8289
415 River St, Troy

Home Heating Assistance:

H.E.A.P. (518)266-7992

Weatherization Assistance:

Commission on Economic Opportunity
(518)272-6012

Housing and Support Services Programs
(518)272-1611

HOTLINES & CRISIS

Sexual Assault & Crime Victims: Hotline (518)271-3257
Assistance (518)271-3639

Child Abuse Hotline (800)342-3720

Parson's Child & Family Center (518)426-2871

Poison Control (800)222-1222

Domestic Violence (Unity House) (518)272-2370

National Suicide Prevention (800)273-8255

DSS Adult Protective (518)266-7900

National Hunger (866)3-HUNGRY

SELF HELP & SUPPORT GROUPS

AIDS Council of NENY (518)434-4686

Al-Anon (518)292-0577

Alcoholics Anonymous (518)463-0906

Hudson Mohawk Recovery Center (518)272-3918

Pride Center of the Capital Region (518)462-6138

American Cancer Society Hope Club (518)227-2354

Narcotics Anonymous (888)399-5519

EMERGENCY SHELTER

Joseph's House (365 days a year, 24 hours a day)
74 Ferry Street, Troy (518)272-2544

FURNITURE

Furniture will be provided free of charge with a referral
from a helping agency.

T.A.U.M. (Troy Area United Ministries)
392 2nd St, Troy (518)274-5920 x204

EMERGENCY: Dial 911

Police, Fire & Paramedics

United Way: Dial 211

When you need help to access human service
agencies.

For More Information Go To:
www.TheFoodPantries.org

Rensselaer County Resource Guide



2015

Where to Find Help When You
Need It

Food Pantries for the Capital District, Inc.
d/b/a The Food Pantries
Help us feed the hungry
(518) 458-1167

Updated: July, 2015
Continuous Updates at
www.TheFoodPantries.org

COMMUNITY MEALS

Community meals are open to the public and everyone is invited to participate.

BREAKFAST

Daily (7 days) 9:00-11:00 **Bethany @ Unity House**
2431 6th Ave, Troy
(518)274-2607

LUNCH

Daily (7 days) 11:30-1:00 **Bethany @ Unity House**
2431 6th Ave, Troy
(518)274-2607

Thurs & Fri 12:00-1:00 **Damien Center of Troy**
392 2nd St, Troy
(518)274-5920

Last Sat of Month 1:00-3:00 **Bethel Baptist Church**
2165 5th Ave, Troy
(518)274-4303

4th Sat of Month 12:00-3:00 **Faith & Love Fellowship**
85 Washington Ave, Rensselaer
(518)436-0114

DINNER

Mon-Fri 4:00-5:00 **Salvation Army**
410 River St, Troy
(518)272-4901

Mon 6:00-7:00 **Damien Center**
392 2nd St, Troy
(518)274-5920 x206

Tues 6:00-7:00 **First Baptist**
82 3rd St, Troy
(518) 273-8561

Wed 6:00-7:00 **Mt Ida**
560 Congress St, Troy
(518)273-8561

Wed 4:00-6:00 **Victorious Life Church**
1838 5th Ave, Troy
(518)272-4237

Thurs 6:00-7:00 **YWCA**
21 1st Ave, Troy
(518)274-7100

After school during the school year, the Lansingburgh Boys and Girls Clubs has snacks for kids. 3:30. 501 4th Ave. Troy 235-4143

Troy Housing Authority has breakfasts and lunches during the summer. 9-2pm 273-3600 ext. 30

FOOD ASSISTANCE

Information about the Food Pantry that serves your neighborhood
Food Pantries for the Capital District
(518) 458-1167

NOEP
Food Stamps eligibility prescreening and application information (518) 274-2607 x4163

Information about the Women, Infants, and Children's Program (**WIC**)
WIC (CEO) (518) 272-6159

Capital District Community Gardens
(518) 274- 8685

Nations Hunger Hotline (866) 3-HUNGRY

SOCIAL SERVICES

Programs available through Rensselaer County Department of Social Services

Rensselaer DSS (518) 270-3935
General number

Rensselaer County Health Department (518) 270-2655
9am-5pm

NYS Office Of Health Insurance
(Child Health Plus, Family Health Plus)
800-698-4543 877-934-7587

FAMILY/MEDICAL ASSISTANCE

Capital District Psychiatric Center (518) 447-9611
24 hr Assistance
75 New Scotland Ave,
Albany

Whitney M. Young, Jr. Health Services (518) 833-6900
6 102nd St, Troy
M, T, Th - 7:45-6 pm
W - 7:45 - 5:30 pm
F - 7:45 - 5pm

Troy Damien Center (518) 274-5920
392 2nd St, Troy
(HIV Support) ext. 206

Cohoes Family Care/MOMS Program (518)235-7282
55 Mohawk St, Cohoes

Cancer Services Program (518) 220-6925
(Free Cancer Screening)

Medicaid (518) 270-3928

SENIOR SERVICES

Department for the Aging (518) 270-2730

EPIC NY (800) 332-3742
Senior Prescription Plan

Home Delivered Meals (518) 270-2739
Meal delivery for homebound seniors (60+)

Alzheimer's Disease Assistance 800-272-3900

LEGAL ASSISTANCE

Legal Aid Society (518) 462-6765
NYS Div. of Human Rights (518) 474-2705
The Legal Project (518) 435-1770

OTHER

Cornell Cooperative Extension of Rensselaer (518)272-4210

Social Security (800) 772-1213

National Grid Consumer Advocate (800) 642-4272

CDTA Social Security Office (518) 482-8822
866-770-2662

Veterans Services Agency (518)270-2760

Domestic Violence Services (518)272-5917

Unity Sunshine Program (518)271-6777
(child care)